

JANUARY 2020 ELEMENTARY LUNCH MENU

Harvest of the Month™



Salad Greens

Physical Activity of the Month


LOW COST OR NO COST ACTIVITIES



Monday	Tuesday	Wednesday	Thursday	Friday
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Winter Recess January 1 to 10

<p>13</p> <p>Chicken Chunks</p> <p>Garlic Breadstick</p> <p>Kiwi (2)</p> <p>Salad Bar</p>	<p>14</p> <p>Beef & Cheese Or Cheese Nachos</p> <p>Refried Beans</p> <p>Banana</p> <p>Salad Bar</p>	<p>15</p> <p>Hamburger Or Cheeseburger</p> <p>Seasoned Fries</p> <p>Apple Slices</p> <p>Salad Bar</p>	<p>16</p> <p>Meatball Sandwich Or Chicken Sliders</p> <p>Grapes</p> <p>Salad Bar</p>	<p>17</p> <p>Chicken Noodle Soup with Grilled Cheese Sandwich</p> <p>Fruit Cup or Pop</p> <p>Salad Bar</p>
<p>20</p> <p>Holiday</p>  <p>Martin Luther King, Jr. Day</p>	<p>21</p> <p>Chicken Teriyaki Or Orange Chicken</p> <p>Brown Rice</p> <p>Banana</p> <p>Salad Bar</p>	<p>22</p> <p>Pasta Bake with Garlic Breadstick Or Cheese Quesadilla</p> <p>Apple Slices</p> <p>Salad Bar</p>	<p>23</p> <p>*Hawaiian Day*</p> <p>Hawaiian BBQ Chicken Sandwich</p> <p>Baked Beans</p> <p>Pineapple Salad Bar</p>	<p>24</p> <p>Pepperoni or Cheese Pizza</p> <p>Fruit Cup or Pop</p> <p>Salad Bar</p>
<p>27</p> <p>Crunchy Nacho Taco</p> <p>Kiwi (2)</p> <p>Salad Bar</p>	<p>28</p> <p>Grilled Cheese Sandwich Or Sloppy Joe</p> <p>Banana</p> <p>Salad Bar</p>	<p>29</p> <p>Breaded Drumstick</p> <p>Dinner Roll Baked Beans</p> <p>Apple Slices Salad Bar</p>	<p>30</p> <p>Hamburger Or Cheeseburger</p> <p>Seasoned Fries</p> <p>Grapes Salad Bar</p>	<p>31</p> <p>Turkey & Gravy Dinner Roll</p> <p>Mashed Potatoes</p> <p>Fruit Cup or Pop</p> <p>Salad Bar</p>

A choice of 1% milk and nonfat chocolate milk offered with all lunches. Please enjoy the Salad bar.
 *** Menu subject to change***



January is Vegetable Month on My Plate!

